

**Universal Declaration of Human Rights – Abbreviated Version**  
*Adopted and Proclaimed by the United Nations on 10 December 1948*

Article 1  
Right to Equality

Article 2  
Freedom from Discrimination

Article 3  
Right to Life, Liberty, Personal Security

Article 4  
Freedom from Slavery

Article 5  
Freedom from Torture and Degrading Treatment

Article 6  
Right to Recognition as a Person before the Law

Article 7  
Right to Equality before the Law

Article 8  
Right to Remedy by Competent Tribunal

Article 9  
Freedom from Arbitrary Arrest and Exile

Article 10  
Right to Fair Public Hearing

Article 11  
Right to be Considered Innocent until Proven Guilty

Article 12  
Freedom from Interference with Privacy, Family, Home and Correspondence

Article 13  
Right to Free Movement in and out of the Country

Article 14  
Right to Asylum in other Countries from Persecution

Article 15  
Right to a Nationality and the Freedom to Change It

Article 16  
Right to Marriage and Family

Article 17  
Right to Own Property

Article 18  
Freedom of Belief and Religion

Article 19  
Freedom of Opinion and Information

Article 20  
Right of Peaceful Assembly and Association

Article 21  
Right to Participate in Government and in Free Elections

Article 22  
Right to Social Security

Article 23  
Right to Desirable Work and to Join Trade Unions

Article 24  
Right to Rest and Leisure

Article 25  
Right to Adequate Living Standard

Article 26  
Right to Education

Article 27  
Right to Participate in the Cultural Life of Community

Article 28  
Right to a Social Order that Articulates this Document

Article 29  
Community Duties Essential to Free and Full Development

Article 30  
Freedom from State or Personal Interference in the above Rights

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